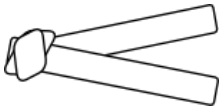
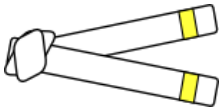
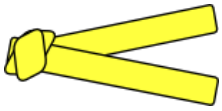
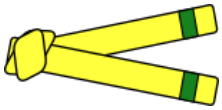
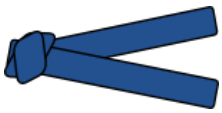
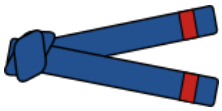
LU'S TAEKWON-DO Est.1982

An Art, A Philosohpy, A Sport and A Way of Life

ITF Ranks & Belts

Rank	Belt Example	Common Name
10th Gup		White Belt
9th Gup		Yellow Stripe
8th Gup		Yellow Belt
7th Gup		Green Stripe
6th Gup		Green Belt
5th Gup		Blue Stripe
4th Gup		Blue Belt
3rd Gup		Red Stripe
2nd Gup		Red Belt
1st Gup		Black Stripe

Rank	Belt Example	Common Name
1st Dan		1st Degree Black Belt
2nd Dan		2nd Degree Black Belt
3rd Dan		3rd Degree Black Belt
4th Dan		4th Degree Black Belt
5th Dan		5th Degree Black Belt
6th Dan		6th Degree Black Belt
7th Dan		7th Degree Black Belt
8th Dan		8th Degree Black Belt
9th Dan		9th Degree Black Belt

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